

2008 KRRR Race Series Event #2



Twosome 5km Run

Sunday, February 10, 11:00 am

Correctional Service Staff College - 443 Union St., Kingston

Medals

Top 3 Twosome Teams (Male/Female) in each combined age category
(under 40, 40-49, 50-59, 60-69, 70-79, 80-89, 90-99, 100+)

Overall 1st, 2nd & 3rd Twosome Team Positions
"Onesomes" qualify for Race Series but are not eligible for medals

Running Shoes for Middle of the Pack Twosome Team
Results as announced at the event are considered final
Only runners wearing timing chips will qualify for official results

Many Great Draw Prizes

INCLUDING

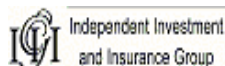
All registrants are eligible for Draw Prizes

**Long-sleeved race shirts available
if registered before January 31st!
Register On-Line And Save \$\$\$**

Saturday Feb 9 (12-4 pm) Early race-kit pickup at Runner's Choice, 260 Princess Street, Kingston

Sunday Feb 10 (9:45 am) Registration and race-kit pickup, Correctional Service Staff College
(11:00 am) 5km Race Begins
(12:00 pm) Awards/Draws/Food&Beverages sponsored by Tim Hortons

2008 KRRR Series Sponsors & Races



1. Resolution Run 8k - Jan 6
2. **Twosome Run 5K - Feb 10**
3. Kidfest ½ Marathon 10k & 5k - Apr 26, 27
4. Run With The Wild XC 5k - May 11
5. Beat Beethoven 8k - June 1
6. K's For Kids 5k - June 15
7. Limestone Mile - July 1
8. Brockville ½ Marathon 21k - Sept 6
9. Hotel Dieu 10k - Sept 21
10. Anniversary 10k - Nov 2





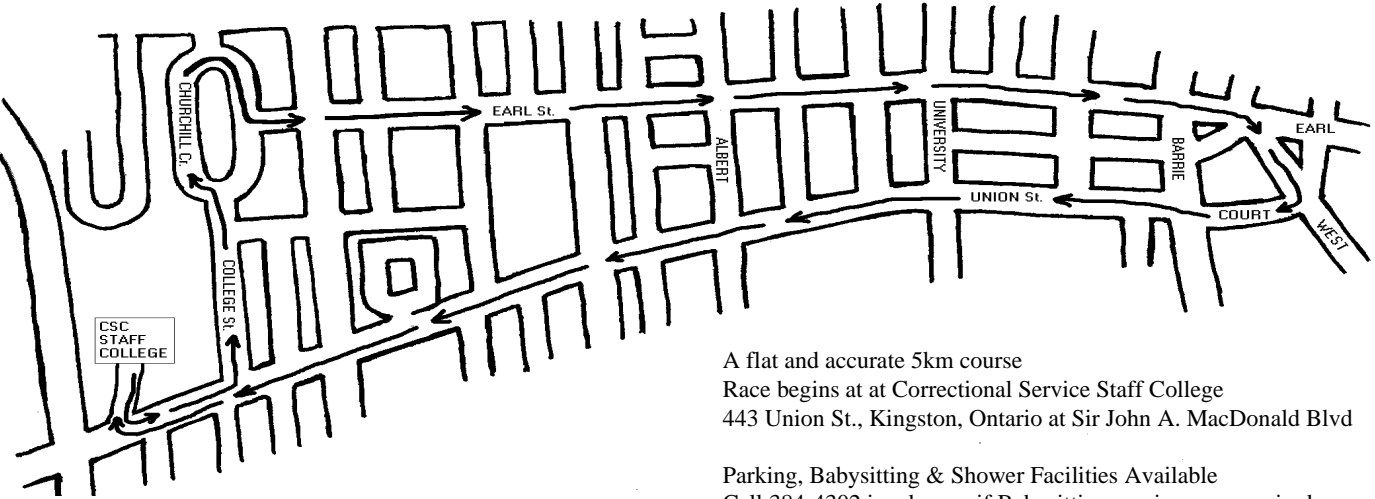
Gold Sponsor

2008 KRRA Twosome 5km Run

Tim Hortons.
Event Sponsor

Registration Form

(Register On-line And Save Money At: www.krta.org)



A flat and accurate 5km course

Race begins at at Correctional Service Staff College

443 Union St., Kingston, Ontario at Sir John A. MacDonald Blvd

Parking, Babysitting & Shower Facilities Available

Call 384-4302 in advance if Babysitting services are required.

Male Participant

Age on 2008 Jan 1 _____

Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: _____ Sign Waiver Below

Are you an Emergency Service Worker? Yes / No

<u>Circle Choice</u>	<u>No Shirt</u>	<u>With Shirt</u>	<u>Size</u>
KRRA Member Prices:	\$20	\$25	M L XL
Non Member Prices:	\$25	\$30	M L XL
Family Rate:	\$60	\$65	___ ___ ___

(Max. 3 shirts provided per family)
Register On-Line And Save Money!

Female Participant

Age on 2008 Jan 1 _____

Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: _____ Sign Waiver Below

Are you an emergency Service Worker? Yes / No

<u>Circle Choice</u>	<u>No Shirt</u>	<u>With Shirt</u>	<u>Size</u>
KRRA Member Prices:	\$20	\$25	M L XL
Non Member Prices:	\$25	\$30	M L XL
Family Rate:	\$60	\$65	___ ___ ___

(Max. 3 shirts provided per family)
Register On-Line And Save Money!

Registration & Payment Options

NO REFUNDS

On-Line Via Web Site: www.krta.org

By Cheque Payable to "KRRA"

NO REFUNDS

Mail to KRRA, PO Box 1412, Kingston, ON K7L 5C6

WAIVER: In consideration of your accepting my entry, or the entry of my child or ward, I, for myself, my heirs, my child or ward, my executors, and administrators of those of my child or ward, do hereby release and forever discharge the Corporation of the City of Kingston, the Kingston Road Runners Association, Kingston Police Volunteers, Correction's Canada, the race directors and race committee, sponsors or their representatives, agents and employees, competitors and persons associated with the event from and against any kind of actions, claims and costs with respect to death, injury, loss or damage, occurring prior to, during or subsequent to the event, to my person or property however caused and not withstanding that the same may have contributed to or occasioned by the negligence of any of the aforementioned.

Signature: _____ Date: _____
(Male Participant)

Signature: _____ Date: _____
(Female Participant)

Signature of Parent/Guardian (if entrant is under 18 years)

Signature of Parent/Guardian (if entrant is under 18 years)