

### **3-Runner Team Competition**

The Limestone Race Weekend will once again have the 3-some team competition. The 3-some needs to consist of a minimum of one female, one runner in each of the 5K, 10K and half marathon. The three places are added together to determine the team scores. There will be medals and prizes for the top THREE 3-some teams. Team entries can be dropped off at Runners Choice at 56 Brock St., Kingston, submitted at Race Kit Pick-up on Saturday, April 28 or emailed to the Race director at [edbrand@krra.org](mailto:edbrand@krra.org)