

**KRRR Limestone Mile**

Kingston, Ontario

1/7/14 - 1/7/14

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 3 WOMENS Women's 1Mile Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	BOYD, CLEO	20 F	KINGSTON	38			5:05.14
2	LANGLEY, CLARA	19 F	KINGSTON	39			5:14.05
3	ALLAN, VERONICA	23 F	KINGSTON	68			5:30.97
4	PLATER, EMMA	22 F	KINGSTON	94			5:36.80
5	OSTIC, HEATHER	45 F	KINGSTON	20			5:45.13
6	TRUAX, MICHELLE	25 F	KINGSTON	156			5:56.22
7	WALKER, KRISTINA	18 F	WOLFE ISLAND	40			5:59.96
8	MULLIGAN, WAVERLEY	14 F	KINGSTON	85			6:01.29
9	SAUNDERS, LANA	39 F	HOWE ISLAND	104			6:13.64
10	CHAN, MAXINE	29 F	KINGSTON	48			6:19.79
11	KERR, SUZANNE	38 F	KINGSTON	43			6:26.83
12	MURPHY, BRIDGET	44 F	KINGSTON	28			6:35.46
13	GERVAIS, VERONIQUE	34 F	INVERARY	141			6:37.89
14	MYERS, SHIRLEY	61 F	KINGSTON	1			6:57.86
15	TALLACK, AUDETHY	53 F	KINGSTON	46			7:02.90
16	MCDOWELL, LAURA	41 F	KINGSTON	50			7:03.36
17	GLIBERT, FRANCOISE	53 F	INVERARY	22			7:09.66
18	HOLTOM, DEBORAH	63 F	HOWE ISLAND	15			7:10.86
19	GRANT, TESSA	21 F	COURTICE	5			7:13.86
20	KROEKER, LAURA	23 F	KINGSTON	105			7:16.69
21	MUNDELL, PAM	48 F	KINGSTON	3			7:23.69
22	BERDAN, STACEY	46 F	TWEED	93			7:24.14
23	SHEPHERD, JANET	50 F	KINGSTON	4			7:39.06
24	SMITH, KIMBERLY	36 F	KINGSTON	79			7:57.68
25	FREER, MEG	48 F	KINGSTON	53			8:02.08
26	KIDSON, CASEY	25 F	KINGSTON	32			9:03.00
27	GRAY, ERIN	28 F	KINGSTON	31			9:21.96
28	MATTHEWS, INA	51 F	KINGSTON	2			9:26.67
29	CHESNEY, CARA	33 F	KINGSTON	7			9:27.31
30	DIERDERICHS, KAITLYN	17 F	KINGSTON	108			9:36.69
31	JOST, CECILIA	39 F	KINGSTON	13			9:50.86
32	BREADNER, LOIS	44 F	KINGSTON	35			9:56.10
33	DAY, JENN	24 F	KINGSTON	107			10:28.55