



2015 KRRRA FORT HENRY RUN SATURDAY SEPT 26TH



KRRRA FORT HENRY 5K CX & KIDS RACES

BIB # _____

RACE KIT PICK UP: Saturday September 26th on Race day, from 8am onward. Kids 1K Race begins at 9am. The 5K CX and high school race begins at 9:30am. (This depends on number of registrants. Should the turnout be large, high school and adult races will be staggered.)

Kids U14 1K is \$5 per runner. High school 5K is \$10 per runner with group rates. 5K CX is \$20 per runner w/ \$5 discount for KRRRA members* until Sept 25th. Registration on Race day is \$25; *no KRRRA discount.

First Name _____ Last Name _____

Address _____

City _____ Prov/State _____ Country _____

Postal Code _____ Phone _____

Email _____ (please print clearly)

DOB: _____ Age on Jan. 1, 2015 _____
Day Month Year

KRRRA MEMBER: Yes ___ No ___ (KRRRA non-high school members get \$5 price break before race day).

Amount included. _____ Please indicate if amount covers other registrations.

EMERGENCY CONTACT: _____ EMERGENCY PHONE: _____

RELEASE WAIVER AND INDEMNITY:

I hereby for myself, executors and administrators, waive, release and forever discharge any and all rights and claims that I may have, or which may hereafter accrue to me, City of Kingston, Kingston Road Runners Association, Runners' Choice, Kingston City Community Police Volunteers, Kingston City Police, Royal Military College, the race directors and race committee, sponsors or their representatives, agents and employees, competitors and persons associated with the event arising from any injuries suffered by me in conjunction with these races. I also attest that I am physically fit to participate in these events.

Check to agree to waiver: _____
Signature of Parent or Guardian if entrant under 18 years)

Visit the website: www.krrra.org/events/run-with-the-wild-xc-5k-2/
Submitted race registrations are final and non-refundable.

Drop off at Runners' Choice 56 Brock St. or mail to: KRRRA PO Box 1412, Kingston ON K7L 5C6

