



LIMESTONE RACE WEEKEND 2016 APRIL 23&24



HALF MARATHON / 5K RUN REGISTRATION

BIB # _____

EVENT: Half: 5K Run: (check one)

KRRRA MEMBER: Yes No (KRRRA members deduct \$10 until Apr. 21)

GENDER: Male: Female:

SHIRT SIZE: S M L XL

Personalized bib & LS tech shirt, male/female sizes, for Half/5K Run entries received by April 8, 2016

RACE KIT PICK UP: Sat., Apr. 23 from 11 – 5 in The Courtyard of The Brew Pub at 34 Clarence St., Kingston and Sunday, Apr. 24 at Confederation Basin from 7:00 – 9:00 am. **Races start at 9:30 am.**

FEES:	pre Jan 31	Feb 1 - Mar 31	April 1-21	April 22-23	April 24
Half-Marathon					
KRRRA Members	\$40	\$50	\$60	\$70	\$75
Non-members	\$50	\$60	\$70	\$70	\$75
5K Run					
KRRRA Members	\$20	\$30	\$40	\$50	\$55
Non-members	\$30	\$40	\$50	\$50	\$55

PLEASE ATTACH CHEQUE ONLY, payable to: "KRRRA". (Sorry, no cash).

Last Name _____ First Name _____

Address _____

City _____ Prov/state _____ Postal Code _____

Phone _____ Email _____

DOB: _____ Age on Jan. 1, 2016 _____

Day Month Year

RELEASE WAIVER AND INDEMNITY:

I hereby for myself, executors and administrators, waive, release and forever discharge any and all rights and claims that I may have, or which may hereafter accrue to me, City of Kingston, Kingston Road Runners Association, Runners' Choice, Kingston City Community Police Volunteers, Kingston City Police, Royal Military College, the race directors and race committee, sponsors or their representatives, agents and employees, competitors and persons associated with the event arising from any injuries suffered by me in conjunction with these races. I also attest that I am physically fit to participate in these events.

Check to agree to waiver: _____

Signature of Parent or Guardian if entrant under 18 years)

Visit the website: www.krrra.org/events/krrra-limestone-race-weekend

Submitted race registrations are final and non-refundable.

No transfers between Saturday and Sunday races.

Drop off at Runners' Choice 56 Brock St. or mail to: KRRRA PO Box 1412, Kingston ON K7L 5C6