

2018 KRRA Road & Trail Series ANNIVERSARY RUN Sunday Nov. 4, 2018 The Landings Golf Course

<u>10K START</u>: 11:00 am. – 10 K (Male & Female)

Race Day Registration and Race Package pick-up will begin at: The Landings Pro Shop starting at 9:30 a.m.

PRIZES – to Women/Men overall winners: Medals/Awards – to top 3 in each age category (male and female) (under 20, 20-29, 30-39, 40-49, 50-59, 60-69, 70+)

1.6 km Kids Race: 10:30 am

Post-Race Refreshments – Great prize giveaways! All participants and volunteers are eligible for draw prizes!





http://www.mapmyrun.com/routes/view/495835278



Bib#

ENTRY FEES www.events.com 2018 KRRA Anniversary Run (Online Registration Fees are Included in Price)

KRRA Members (10 km):	\$30
Non-Members (10 km):	\$40
Race Day Registration for all runners (10 km):	\$40
Kids One Mile Race (all):	\$5

No guarantee of a shirt for race-day registration

No shirt for kids 1 mile

****NO REFUNDS****

Please make cheque payable to "KRRA"
Mail to: Matthew McCormack
46 Windfield Crescent, Kingston, ON K7K 6G2, or
Drop off at Runners' Choice, 56 Brock St, Kingston

KRRA member:		yes	no		
Name:					
Age: (on Jan.1, 20			D	М Ү //	
Gender:	Male	Female			
Shirt Size (for gene	der):	S	М	L	XL
Address:					
City:		Postal Code:			
Email:					

WAIVER:

In consideration of your accepting my entry, or the entry of my child or ward, I, for myself, my heirs, my child or ward, my executors, and administrators of those of my child or ward, do hereby release and forever discharge the Corporation of the City of Kingston, the Kingston Road Runners Association, Kingston City Community Police Volunteers, Kingston City Police, the race director and race committee, sponsors, or their representatives, agents and employees, competitors and persons associated with the event from and against any kind of actions, claims, and costs with respect to death, injury, loss or damage, occurring prior to, during, or subsequent to the event, to my person or property however caused and not withstanding that the same may have contributed to or occasioned by the negligence of any of the aforementioned. I acknowledge that I have read and agree to the Waiver of Liability above.

Signature of Participant (Parent/Guardian if entrant is under 18)

Date: