

2023 Limestone Race Weekend 5K Overall

Position	Bib #	Name	Race Time	Pace	Division	Gender	Age
Division: 5K							
1	235	Kevin Coffey	15:19.86	3:04	5k	M	36
2	239	Daniel Cova	16:08.83	3:14	5k	M	16
3	409	Stuart Wilson	16:26.82	3:17	5k	M	30
4	437	Linden Head	16:30.47	3:18	5k	M	36
5	325	William McLeish	16:40.83	3:20	5k	M	30
6	296	Brady Kyle	16:41.17	3:20	5k	M	16
7	302	Shengnan Li	16:47.27	3:21	5k	M	24
8	337	Clay Patterson	16:58.01	3:24	5k	M	34
9	412	Alexander Wordley	17:32.45	3:30	5k	M	42
10	281	Andrea Hill	18:03.31	3:37	5k	F	32
11	328	Pat Monette	18:06.20	3:37	5k	M	58
12	431	Paige Kobe	18:06.75	3:37	5k	F	23
13	276	Cody Harding	18:07.78	3:37	5k	M	39
14	205	Veronica Allan	18:46.20	3:45	5k	F	32
15	423	Jeff Nolan	18:57.55	3:47	5k	M	31
16	260	Nadine Frost-Corinaldi	18:57.93	3:47	5k	F	32
17	761	Joe Brazda	19:06.30	3:49	5k	M	29
18	234	Jacob Clancy	19:11.83	3:50	5k	M	23
19	270	Franklin Goodfellow	19:11.98	3:50	5k	M	17
20	357	Tyler Sauerbrei	19:12.58	3:50	5k	M	43
21	416	Harper Reid	19:13.45	3:51	5k	M	13
22	217	Cj Best	19:21.65	3:52	5k	F	32
23	410	Sarah Wismer	19:30.51	3:54	5k	F	26
24	301	Thomas Lee	19:35.57	3:55	5k	M	24
25	438	Kari Elliott	19:44.00	3:57	5k	F	42
26	433	Christine Cash	19:56.66	3:59	5k	F	24
27	373	Nathan Southall	20:28.11	4:06	5k	M	13
28	1174	Luis Paico-Aviles	20:32.45	4:06	5k	M	39
29	417	Heather Ostic	20:32.78	4:06	5k	F	54
30	340	Andrew Pennell	20:48.83	4:10	5k	M	13
31	267	Dylan Gillespie	20:54.66	4:11	5k	M	14
32	288	Mark Jeronimo	21:16.09	4:15	5k	M	32
33	311	Craig Manley	21:29.45	4:18	5k	M	51
34	768	Carson Wohlers	21:37.08	4:19	5k	M	19
35	274	Florian Handel	21:40.22	4:20	5k	M	24
36	444	Saki Braun	21:45.58	4:21	5k	M	14
37	415	Sylvie Managire	21:57.63	4:23	5k	F	36
38	293	Tara Kennedy	22:03.27	4:25	5k	F	15
39	351	Christian Ritchot	22:06.12	4:25	5k	M	63
40	443	Samantha Calder-Sprackman	22:16.18	4:27	5k	F	36
41	313	Colin Markell	22:19.53	4:28	5k	M	12
42	285	Gary Irwin	22:28.69	4:30	5k	M	51
43	406	Zachary Wells	22:39.57	4:32	5k	M	14
44	427	Angus Goodwin	22:45.70	4:33	5k	M	14
45	376	Doug Staddon	22:48.76	4:34	5k	M	64
46	389	Harrison Tesselaar	22:53.32	4:35	5k	M	15
47	298	Andrew Laluk	22:55.96	4:35	5k	M	23
48	307	Stuart Lupenette	22:59.08	4:36	5k	M	22
49	402	Isabella Watt	23:24.29	4:41	5k	F	14
50	442	Peter Hessel	23:29.99	4:42	5k	M	36
51	393	Luke Tulk	23:38.82	4:44	5k	M	23
52	299	David Lee	23:51.00	4:46	5k	M	59
53	292	Sam Kelman	23:59.03	4:48	5k	M	37
54	204	Ali Akbari	24:04.85	4:49	5k	M	25
55	441	Maddie Kerr	24:06.70	4:49	5k	F	13
56	221	Greg Borschneck	24:09.45	4:50	5k	M	25
57	341	Tammy Pigion	24:12.69	4:50	5k	F	49
58	342	Guy Poirier	24:20.20	4:52	5k	M	55
59	425	Charlotte Jarrell	24:22.00	4:52	5k	F	11
60	383	Will Stover	24:23.40	4:53	5k	M	24
61	304	Mathias Litrico	24:30.75	4:54	5k	M	11
62	320	Sarah McCallum	24:40.73	4:56	5k	F	26
63	286	Donna Ivimey	24:42.06	4:56	5k	F	58
64	283	Deborah Holton	24:44.19	4:57	5k	F	72
65	349	Brodie Richmond	24:51.21	4:58	5k	M	54
66	284	Russell Horne	25:01.97	5:00	5k	M	29
67	1123	Ryan Lindsay	25:03.09	5:01	5k	M	24
68	316	Francesca Martinez	25:04.17	5:01	5k	F	35
69	362	Cal Schram	25:10.05	5:02	5k	M	70
70	422	Bryden McCracken	25:12.23	5:02	5k	M	22
71	394	Kevin Tulk	25:15.82	5:03	5k	M	50
72	353	Amelia Rosch	25:19.56	5:04	5k	F	28
73	297	Sarah Labrecque	25:24.50	5:05	5k	F	32
74	382	John Stephenson	25:32.61	5:06	5k	M	43
75	360	Stefanie Schiele	25:34.16	5:07	5k	F	22
76	347	Mary Reynolds	25:36.61	5:07	5k	F	30
77	763	Naomi Greer-Ballance	25:39.00	5:08	5k	F	54
78	426	Brent Cullen	25:41.89	5:08	5k	M	36
79	766	Mary Anne Schoenhardt	25:56.93	5:11	5k	F	23
80	259	Janet Foran-Goneau	25:57.09	5:11	5k	F	67
81	344	Abigail Poitras	25:58.76	5:12	5k	F	31
82	229	Hayley Burkitt	26:00.19	5:12	5k	F	29
83	432	Mark Donnan	26:00.90	5:12	5k	M	44
84	279	Joy Henderson	26:01.33	5:12	5k	F	45
85	365	Rachel Sheldon	26:02.70	5:12	5k	F	49
86	233	Frank Chen	26:05.09	5:13	5k	M	21
87	282	Mike Hipson	26:06.34	5:13	5k	M	41
88	317	Antonio Martinez	26:08.89	5:14	5k	M	9
89	216	Monique Beland	26:10.77	5:14	5k	F	53
90	238	Mairead Corrigan	26:11.37	5:14	5k	F	24
91	261	Nicole Furlong	26:17.97	5:15	5k	F	37
92	764	Erin McDonald	26:21.61	5:16	5k	F	41
93	247	Richelle Dobler	26:22.34	5:16	5k	F	30
94	334	Jean-Francois Pare	26:25.06	5:17	5k	M	50
95	206	Matt Allen	26:38.95	5:20	5k	M	25
96	312	Chris Markell	26:59.16	5:24	5k	M	46
97	401	Samuel Walsh-Prete	27:03.57	5:25	5k	M	25
98	277	Karly Hawkes	27:03.62	5:25	5k	F	22
99	207	Mark Aloisio	27:07.40	5:25	5k	M	27
100	245	Thomas Desmarais	27:09.35	5:26	5k	M	22
101	359	Annie Scarcello	27:10.05	5:26	5k	F	29
102	395	Logan Turner	27:13.03	5:27	5k	F	24
103	278	Miya Hemmersbach	27:21.46	5:28	5k	F	27
104	243	Ed Brand	27:24.00	5:29	5k	M	74
105	345	Alphonse Poitras	27:28.36	5:30	5k	M	63
106	388	Varley Taylor	27:28.59	5:30	5k	F	54
107	266	Hertek Gill	27:39.02	5:32	5k	M	21
108	268	Andy Glazin	27:41.74	5:32	5k	M	54
109	310	Kyla Maguire	28:00.20	5:36	5k	F	50
110	241	Naomi Cova	28:03.58	5:37	5k	F	13
111	246	C. Dickson	28:07.91	5:37	5k	F	22
112	391	Sarah Tracey	28:10.90	5:38	5k	F	23
113	255	Evan Embacher	28:14.40	5:39	5k	M	46
114	378	Jim Stenhouse	28:17.67	5:39	5k	M	51
115	208	Timm Andrews	28:19.44	5:40	5k	M	29
116	254	Jim Elyot	28:21.60	5:40	5k	M	65
117	329	Hilton Morbin	28:25.81	5:41	5k	M	60
118	428	Wayne Ohashi	28:28.56	5:42	5k	M	51
119	405	Glenn Wells	28:41.33	5:44	5k	M	54
120	289	Marcus Jodouin	28:42.21	5:44	5k	M	20
121	209	Amanie Antar	28:44.88	5:45	5k	F	36
122	319	Devin Matheson	28:48.22	5:46	5k	M	37
123	364	Andrew Seychuk	28:49.32	5:46	5k	M	47
124	215	Melissa Beckett	28:55.94	5:47	5k	F	40
125	214	Andrew Beckett	28:56.00	5:47	5k	M	40
126	358	Carly Sauve	28:59.61	5:48	5k	F	40
127	309	Nicole Macmillan	29:00.49	5:48	5k	F	43
128	404	Nancy Wells	29:14.72	5:51	5k	F	76
129	300	Janet Lee	29:17.14	5:51	5k	F	55
130	269	Stephanie Globus-Hoenich	29:29.82	5:54	5k	F	34
131	256	Dan Epp	29:37.15	5:55	5k	M	36
132	387	Imran Syed	29:46.16	5:57	5k	M	28
133	324	Claire McKinney	29:47.82	5:57	5k	F	56
134	222	Rae Brackenbury	29:48.64	5:58	5k	F	51
135	249	John Doyle	29:52.69	5:58	5k	M	74
136	326	John Meekel	29:54.11	5:59	5k	M	66
137	379	Julie Stenhouse	29:55.17	5:59	5k	F	51
138	374	Jacqueline Sproule	29:59.54	5:59	5k	F	30
139	306	Ken Lott	30:04.29	6:01	5k	M	61
140	396	Brian Van Raes	30:06.76	6:01	5k	M	43
141	327	Chris Miranda	30:16.82	6:03	5k	M	32
142	318	Juan Carlos Martinez	30:24.46	6:05	5k	M	9
143	333	Eleanor Nowell	30:42.67	6:08	5k	F	59
144	322	Daniel McDougall	30:44.23	6:09	5k	M	43
145	211	Kelly Baehre	30:45.40	6:09	5k	F	39
146	230	Garry Carl	30:45.45	6:09	5k	M	67
147	250	Monique Dube	30:46.16	6:09	5k	F	41
148	264	Lesley Gay	30:47.44	6:09	5k	F	64
149	295	Pratik Konnur	30:49.70	6:10	5k	M	32
150	335	Sonal Patel	30:49.92	6:10	5k	F	34
151	434	Chris Harris	30:54.81	6:11	5k	M	24
152	361	Yvon Schinck	30:58.00	6:12	5k	M	67
153	343	Justina Poisson	31:09.27	6:14	5k	F	38
154	303	Matthew Linton	31:21.38	6:16	5k	M	28
155	420	Kristi Reilly	31:25.84	6:17	5k	F	39
156	236	Kirstin Colliss	31:28.59	6:18	5k	F	23
157	424	Jackie Jarrell	31:40.72	6:20	5k	F	37
158	253	Megan Edwards	31:48.19	6:22	5k	F	38
159	243	Peggy Cuthbert	31:48.38	6:22	5k	F	52
160	430	Hallie Poole	31:50.30	6:22	5k	F	20
161	429	Bailey Labelle	31:50.39	6:22	5k	F	20
162	380	Olivia Stenhouse	31:52.99	6:22	5k	F	22
163	242	Caroline Cova	31:59.44	6:24	5k	F	13
164	213	Stephanie Barnes	32:05.38	6:25	5k	F	43
165	363	Lisa Sedore	32:06.15	6:25	5k	F	52
166	1243	Sandi Vigliotti	32:06.75	6:25	5k	F	55
167	352	Sean Robinson	32:13.53	6:27	5k	M	38
168	392	Natalia Tribunskaya	32:17.01	6:27	5k	F	42
169	384	Christina Stronach	32:30.34	6:30	5k	F	39
170	1266	Slacey Berdan	32:36.16	6:31	5k	F	55
171	411	Virginia Wolleswinkel	32:37.21	6:31	5k	F	30
172	346	Shannon Reeves	32:41.73	6:32	5k	F	32
173	201	Kathleen Abeles	32:42.72	6:32	5k	F	31
174	200	Cindy Abeles	32:42.91	6:32	5k	F	65
175	226	Katerina Brooks	32:47.72	6:33	5k	F	28
176	398	Ana Maria Vera Rodriguez	32:57.65	6:35	5k	F	18
177	418	Ryan Blaschuk	33:10.83	6:38</			