

KRRR Anniversary Run**The Landings, Kingston, Ontario****Results by www.runningbydesign.ca**

11/07/2010

Race Results**Overall 10K Run**

	NAME		TEAM	SEED	MARK
1	Rob Asselstine	17 M	10km	393	32:23.7
2	Kevin Coffey	23 M	10km	399	34:39.1
3	Tim Blackwell	38 M	10km	416	34:51.2
4	Richard Hayes	19 M	10km	392	35:29.8
5	Olivier Bonvouloir	19 M	10km	350	36:30.7
6	Kevin Webster	42 M	10km	407	36:52.3
7	Samuel-Alexa Mercier	22 M	10km	349	37:44.0
8	Trevor Davies	37 M	10km	339	37:50.2
9	Boyd Kalnay	51 M	10km	384	38:29.9
10	Neil Hopkins	38 M	10km	424	39:22.2
11	Peter James	54 M	10km	425	39:51.3
12	Andrew Geisheimer	26 M	10km	343	40:07.5
13	Bruce Tippett	50 M	10km	318	40:23.9
14	Cam Miller	41 M	10km	420	40:28.0
15	Heather Ostic	41 F	10km	396	40:34.2
16	Don Clowater	33 M	10km	402	40:46.8
17	Margarita Svajina	40 F	10km	372	40:57.2
18	Patrick Murphy	23 M	10km	387	41:20.6
19	Leslie Farquharson	52 M	10km	341	42:13.7
20	Chris Boer	57 M	10km	415	42:15.7
21	Rick Royce	50 M	10km	348	42:20.3
22	Bob Joy	39 M	10km	413	42:22.9
23	J.Todd Braithwaite	47 M	10km	414	42:33.3
24	Richard Prinsen	45 M	10km	355	42:36.0
25	Tom Meers	38 M	10km	417	42:37.0
26	Ben Workman	12 M	10km	397	42:37.4
27	David Morrison	33 M	10km	369	43:20.9
28	Wayne Rice	47 M	10km	321	43:33.9
29	Charles Ackerman	21 M	10km	398	43:49.3
30	Emily Klassen	20 F	10km	405	44:11.7
31	Colleen Coderre	31 F	10km	389	44:22.1
32	Lana Saunders	35 F	10km	310	44:37.5
33	M Pratt	43 M	10km	365	44:43.3
34	Brett Goodwin	39 M	10km	428	44:47.9
35	Steve Granville	48 M	10km	383	44:51.6
36	Greg Phelan	45 M	10km	357	45:11.9
37	Bradley Matheson	43 M	10km	326	45:25.6
38	Will Baird	38 M	10km	388	45:26.5
39	Owain Jones	26 M	10km	386	45:33.3
40	Andrew Hall	49 M	10km	376	45:52.9
41	Stacey Berdan	42 F	10km	334	46:05.7
42	Jim Gauthier	51 M	10km	331	46:22.7
43	Will Kymlicka	47 M	10km	380	46:37.8
44	Mike Irvine	44 M	10km	358	46:42.0
45	Andre Golemiec	49 M	10km	360	46:42.6
46	Shirley Myers	57 F	10km	305	47:44.7
47	Allan Gudlaugson	29 M	10km	322	47:52.5
48	John Kallo	27 M	10km	423	48:20.2
49	William MacDonald	53 M	10km	301	49:06.8
50	Andrew Wallace	41 M	10km	377	49:31.3
51	Gail Coady	50 F	10km	400	50:03.6

52	Shaun Weima	32 M	10km	395	50:05.0
53	Faye Thompson	36 F	10km	366	50:10.9
54	Deborah Holtom	59 F	10km	373	50:17.0
55	Garry Carl	54 M	10km	335	50:44.9
56	Alf Elliott	64 M	10km	361	51:09.4
57	Bob Klassen	55 M	10km	406	51:19.3
58	Bridget Murphy	40 F	10km	356	51:38.8
59	Leah Graham	32 F	10km	403	52:15.1
60	Chris Povell	62 M	10km	320	52:23.6
61	Robert Stokes	47 M	10km	367	52:40.5
62	Pj Marshall	68 M	10km	371	53:12.8
63	Duncan Cooper	52 M	10km	409	53:17.5
64	Dave Tosh	47 M	10km	333	53:18.8
65	Cathy Campanaro	44 F	10km	390	53:23.6
66	Chuck Dickson	46 M	10km	426	53:24.0
67	Paul Thompson	60 M	10km	325	53:26.3
68	Louise Wood	60 F	10km	410	53:30.9
69	Jane Parsons	42 F	10km	323	53:41.0
70	Curtis Runions	32 M	10km	394	53:45.8
71	Jessica Clowater	32 F	10km	401	53:49.5
72	Dave McIntyre	51 M	10km	314	54:05.1
73	Jeremy Neven	37 M	10km	352	54:08.2
74	Karen Scott	44 F	10km	351	54:33.5
75	Mitch Thibodeau	28 M	10km	374	54:50.4
76	Jo-Anne Difruscio	52 F	10km	337	55:44.3
77	Doug Marlow	50 M	10km	332	56:06.1
78	Jennifer Thibodeau	26 F	10km	375	56:13.3
79	Clare Mak	21 F	10km	346	56:55.3
80	Dana Fleet	35 F	10km	418	57:09.6
81	Suzanne Lewis	29 F	10km	342	57:11.4
82	Brenda Melling	53 F	10km	338	57:24.7
83	Darryl Fleet	29 M	10km	419	58:13.6
84	Allison Chisholm	25 F	10km	353	58:29.4
85	Justin Hilborn	26 M	10km	354	58:29.9
86	Janet Foran-Goneau	54 F	10km	304	58:55.1
87	Stacey Porter-Eves	34 F	10km	382	59:04.9
88	Janet Stokes	46 F	10km	381	59:35.2
89	Laura Klassen	24 F	10km	404	59:58.0
90	Hope Hutchins	23 F	10km	302	1:00:17.0
91	Sarah Myers	20 F	10km	327	1:00:25.4
92	Deanna Beynen	34 F	10km	317	1:00:30.3
93	Cassandra Murray	32 F	10km	307	1:00:50.7
94	Kimberly VanPelt	19 F	10km	412	1:01:10.2
95	Caroline Garrod	19 F	10km	359	1:01:32.9
96	Irwin Altrows	64 M	10km	422	1:01:44.8
97	Rick Helman	59 M	10km	408	1:02:32.4
98	Joy Harrison	56 F	10km	370	1:03:31.3
99	Shari Metcalf	31 F	10km	411	1:03:48.5
100	Dennis Doherty	69 M	10km	340	1:04:06.7
101	Shannon McKinney	13 F	10km	308	1:04:31.0
102	Susan Sills	39 F	10km	427	1:04:53.2
103	Moe Gill	45 M	10km	362	1:04:53.9
104	Joseph Pape	23 M	10km	303	1:05:26.9
105	Melanie Strickland	43 F	10km	345	1:07:46.5
106	Kate Lightbody	23 F	10km	385	1:08:45.8
107	Tom Holmes	49 M	10km	313	1:09:02.1
108	Rajan Gill	38 F	10km	363	1:09:08.1
109	Ashley Pitcher	22 F	10km	391	1:09:13.5
110	Christy Robinson	39 F	10km	306	1:09:29.5
111	Liam Cullen	68 M	10km	328	1:09:31.7
112	Sharon Keene	32 F	10km	309	1:11:49.5
113	Dave Wilson	79 M	10km	421	1:14:19.0
114	Robert Beeney	77 M	10km	344	1:14:20.0