





























## LIMESTONE RACES EXPRIL 25&26

## **3-PERSON TEAM** COMPETITION

One runner from each race: 5K, 10K and Half Marathon; at least one female... The fastest combined times is the fastest team. Here are the results for 2015...

| The fastest combined times is the fastest team. Here are the results for 20 |   |  |                    |
|---|---|--|--------------------|
|   | 4 | Team: <b>Unholy Trinity</b>  |                    |
|   |   | 10K Runner: <b>Bruce Pardy</b>   | 38:07              |
|   |   | 5K Runner: <b>Brittany Ellis</b>   | 22:28              |
|   |   | Half Marathon: <b>Robert Watering</b> Team total:                              | 1:26:30<br>2:27:05 |
|   |   |  | 2.27.03            |
|   |   | Team: Almost Middle Aged   | 47.24              |
|   |   | 10K Runner: <b>Odile Liboiron-Ladouceur</b><br>5K Runner: <b>Bruce Northan</b> | 47:21<br>18:57     |
|   |   | Half Marathon: <b>Glen Cowan</b>   | 1:20:50            |
|   |   | Team total:  | 2:27:08            |
|   |   | Team: Rose and Two Thorns  |                    |
|   |   | 10K Runner: <b>Carl Chauvin</b>  | 39:57              |
|   |   | 5K Runner: <b>Jenna Dickson</b>  | 21:42              |
|   |   | Half Marathon: Kevin Morash  | 1:25:46            |
|   |   | Team total:  | 2:27:25            |
|   |   | Team: <b>BRC Warriors</b>  |                    |
|   |   | 10K Runner: <b>Blair Mackenzie</b>   | 38:31              |
|   |   | 5K Runner: Mike Mackett  | 18:23              |
|   |   | Half Marathon: Ocean Johnson-Storey  | 1:36:08            |
|   |   | Team total:  | 2:33:02            |
|   |   | Team: The Thriller Threesome   |                    |
|   |   | 10K Runner: Richard Prinsen  | 43:40              |
|   |   | 5K Runner: <b>Stacey Berdan</b>  | 25:14              |
|   |   | Half Marathon: Savvas Frantzeskos  | 1:28:09            |
|   |   | Team total:  | 2:37:03            |
|   | 6 | Team: <b>Team Awesome</b>  |                    |
|   |   | 10K Runner: <b>Suzanne Garrett</b>   | 40:35              |
|   |   | 5K Runner: <b>Mark Kerr</b>  | 19:42              |
|   |   | Half Marathon: <b>Jim Elyot</b>  | 1:41:18            |
|   |   | Team total:  | 2:41:35            |
|   |   | Team: <b>Strut for BRC</b>   |                    |
|   |   | 10K Runner: <b>Emily Stratford</b>   | 50:52              |
|   |   | 5K Runner: <b>Megan Roberts</b>  | 25:23              |
|   |   | Half Marathon: <b>Mike Fortaleza</b> Team total:                               | 1:32:06<br>2:48:21 |
|   |   |  | 2.40.21            |
|   | 8 | Team: The Galactic Glutes  | 46.05              |
|   |   | 10K Runner: <b>Colleen Webber</b><br>5K Runner: <b>Jake Shepherd</b>           | 46:05<br>20:54     |
|   |   | Half Marathon: <b>Devon Boyne</b>  | 1:45:45            |
|   |   | Team total:  | 2:52:44            |
|   |   | To an Chimberta America  |                    |
|   |   | Team: <b>Shirley's Angels</b> 10K Runner: <b>Shirley Myers</b>                 | 49:40              |
|   |   | 5K Runner: <b>Ché Breadner</b>   | 24:30              |
|   |   | Half Marathon: <b>Robby Breadner</b>   | 1:49:25            |
|   |   | Team total:  | 3:03:35            |
|   |   | Team: Ladies on Fire   |                    |
|   | 0 | 10K Runner: <b>Megan Brunet</b>  | 57:44              |
|   |   | 5K Runner: <b>Mel McCormack</b>  | 28:12              |
|   |   | Half Marathon: Cassidy Pilutti   | 1:49:25            |
|   |   | Team total:  | 3:15:21            |
|   |   | Team: Suzie Lewis and the Dudes  |                    |
|   |   | 10K Runner: <b>Ted Sheppard</b>  | 52:57              |
|   |   | 5K Runner: <b>Mark Ladan</b>   | 28:26              |
|   |   | Half Marathon: Suzanne Lewis   | 2:01:10            |
|   |   | Team total:  | 3:22:23            |
|   |   |  |                    |

Team: **Running Wild Belleville** 10K Runner: **Shane Gale** 

5K Runner: **Heather Giffin** 

Half Marathon: Kris Bonn

Team total:

41:12

20:03

<u>DNF</u>

**DNF**