2026 KRRA Race Series Standings - Male 40-49

Thursday, May 21, 2026

I	Resolution Run 8k
II	Twosome Run 5k
IIIa	Limestone 5k
IIIb	Limestone 10k
IIIc	Limestone Half
V	Napanee Heritage 5k
VIa	Limestone Mile (Womens)
VIb	Limestone Mile (Mens)
VII	Wolfe Island Classic 5k
VIII	Wooly Bully 10k
IX	Glen Tay
X	Fort Henry Cross Country 5k XC
XI	Picton County Half Marathon
XII	Anniversary Run 10k

Last	First	I	II	IIIa	IIIb	IIIc	V	VIa	VIb	VII	VIII	IX	X	XI	XII	TOTAL
Hawkes	Graham	15	15	0	0	19	0	0	0	0	0	0	0	0	0	49
Almas	Robert	13	14	0	0	18	0	0	0	0	0	0	0	0	0	45
Pierrard	Joe	9	11	0	0	13	0	0	0	0	0	0	0	0	0	33
Gillespie	Tim	12	0	0	0	17	0	0	0	0	0	0	0	0	0	29
Trefry	Owen	14	13	0	0	0	0	0	0	0	0	0	0	0	0	27
De Wit	Stephan	11	0	0	15	0	0	0	0	0	0	0	0	0	0	26
Hume	Colin	0	10	13	0	0	0	0	0	0	0	0	0	0	0	23
Shelton	Ian	10	12	0	0	0	0	0	0	0	0	0	0	0	0	22
Hope	Brian	6	5	11	0	0	0	0	0	0	0	0	0	0	0	22
Gareau	Simon	0	0	0	0	20	0	0	0	0	0	0	0	0	0	20
Lewis	Ian	5	9	0	0	5	0	0	0	0	0	0	0	0	0	19
Gale	Shane	0	7	12	0	0	0	0	0	0	0	0	0	0	0	19
Hager	Jason	5	5	7	0	0	0	0	0	0	0	0	0	0	0	17
Jones	Owain	0	0	0	0	16	0	0	0	0	0	0	0	0	0	16
McClintock	Chad	0	0	15	0	0	0	0	0	0	0	0	0	0	0	15
Nichol	Scott	0	0	0	0	15	0	0	0	0	0	0	0	0	0	15
Clowater	Don	0	0	14	0	0	0	0	0	0	0	0	0	0	0	14
Brower	Jacob	0	0	0	14	0	0	0	0	0	0	0	0	0	0	14
McCue	Jeff	0	0	0	0	14	0	0	0	0	0	0	0	0	0	14
Van Lier	Nick	8	0	0	0	5	0	0	0	0	0	0	0	0	0	13
Cova	Stephane	0	0	8	5	0	0	0	0	0	0	0	0	0	0	13
Kennedy	Michael	0	0	0	13	0	0	0	0	0	0	0	0	0	0	13
Thiele	Veikko	7	0	0	0	5	0	0	0	0	0	0	0	0	0	12
Thibault	Jean Francois	0	0	0	12	0	0	0	0	0	0	0	0	0	0	12
Kirk	Christopher	0	0	0	0	12	0	0	0	0	0	0	0	0	0	12
Runions	Curtis	0	0	0	11	0	0	0	0	0	0	0	0	0	0	11
Witherspoon	Eric	0	0	0	0	11	0	0	0	0	0	0	0	0	0	11
Vera Badillo	Paco	5	0	0	0	5	0	0	0	0	0	0	0	0	0	10
O'Coin	Ian	5	0	0	0	5	0	0	0	0	0	0	0	0	0	10
Dawe	James	0	0	10	0	0	0	0	0	0	0	0	0	0	0	10
Folsom	Colin	0	0	0	10	0	0	0	0	0	0	0	0	0	0	10
McGaw	Graeme	0	0	0	5	5	0	0	0	0	0	0	0	0	0	10
Gallaway	Eric	0	0	0	0	10	0	0	0	0	0	0	0	0	0	10
Kelso	Kari	0	0	9	0	0	0	0	0	0	0	0	0	0	0	9
Betts	Stephen	0	0	0	9	0	0	0	0	0	0	0	0	0	0	9
Pinzon	John	0	0	0	0	9	0	0	0	0	0	0	0	0	0	9
DeWolfe	Chris	0	8	0	0	0	0	0	0	0	0	0	0	0	0	8
Stinson	Ben	0	0	0	8	0	0	0	0	0	0	0	0	0	0	8
Cova	Paul	0	0	0	0	8	0	0	0	0	0	0	0	0	0	8
Plouffe	Dan	0	0	0	7	0	0	0	0	0	0	0	0	0	0	7
Solis	Cesar	0	0	0	0	7	0	0	0	0	0	0	0	0	0	7
Hamilton	Rob	0	6	0	0	0	0	0	0	0	0	0	0	0	0	6
Hall	Adam	0	0	6	0	0	0	0	0	0	0	0	0	0	0	6
Rosillo	Tim	0	0	0	6	0	0	0	0	0	0	0	0	0	0	6
Brown	Matty	0	0	0	0	6	0	0	0	0	0	0	0	0	0	6
Paico-Avilez	Luis	5	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Drake	Brian	5	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Kerr	Mark	5	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Spitzmueller	Matthias	5	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Hoyos	Ronnie	5	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Ishmael	Kareem	5	0	0	0	0	0	0	0	0	0	0	0	0	0	5
Gallupe	Paul	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5
Belzile	Roger	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5

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IIIa	Limestone 5k
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IIIc	Limestone Half
V	Napanee Heritage 5k
VIa	Limestone Mile (Womens)
VIb	Limestone Mile (Mens)
VII	Wolfe Island Classic 5k
VIII	Wooly Bully 10k
IX	Glen Tay
X	Fort Henry Cross Country 5k XC
XI	Picton County Half Marathon
XII	Anniversary Run 10k

Last	First	I	II	IIIa	IIIb	IIIc	V	VIa	VIb	VII	VIII	IX	X	XI	XII	TOTAL
Young	Ben	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5
Duphney	Matt	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5
Slobodian	Dave	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5
Almajil	Sultan	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5
Kelman	Sam	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Logan	David	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Hough	Andrew	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Kim	Jeongho	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Mevada	Sauvir	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Rodriguez	Arnold	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Ines	Harold	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Wheeler	Michael	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Adam	Timothy	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Mallory	Cory	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Shestakov	Vlade	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Raposo	James	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Fehr	Chris	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Napier	Dan	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Lamont	Will	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Good	David	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Macleod	John	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Kerr	Jason	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Coyle	Chris	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5
Yakovenko	Dmitriy	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Hartman	Drew	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Dixon	Shane	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Giles	Chris	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Parcon	Mike	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Duggleby	James	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Khan	Amin	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Medina	Mark	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
McNeill	Noel	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Molloy	Jason	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Brucciani	Alex	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Lloret	Arnaud	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Blanchette	Mathieu	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Amarasingam	Amarnath	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Kuznetsov	Ken	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Moriarty	Mark	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Cosgrove	Kevin	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Brown	Thomas	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Schmidt	Moritz	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Koppany	Adam	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
McLeod	Jeremy	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Berry	Mike	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Whitney	Shane	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Chisholm	Peter	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
McCready	Michael	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Knox	Carey	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Ng	Alex	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Grant	Iain	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Pierroz	Sébastien	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5

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Veldhoen	Richard	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Horner	Chris	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Whidden	Chris	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Kingsley	Andrew	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Aurocco	Trevor	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Stapley	Jason	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Cases	Robin	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Laflamme	Erik	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Cumpson	Kris	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Mumuni	Sigli	0	0	0	0	5	0	0	0	0	0	0	0	0	0	5
Bradshaw	Craig	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5