

25/04/2015

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Trauma 10km

Kingston, Ontario

4/25/15 - 4/25/15

Results by www.runningbydesign.com**Event # 1 MIXED 10K Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
OVERALL							
1	Jordan Vadala	M 23	KINGSTON		3:46.85	6:05.08	37:48.50
2	Bruce Pardy	M 51	KINGSTON		3:48.79	6:08.20	38:07.91
3	Blair Mackenzie	M 23	KINGSTON		3:51.17	6:12.04	38:31.78
4	Andrew Juvonen	M 18	GRAND MARAIS		3:53.54	6:15.85	38:55.41
5	Alex Drover	M 15	Kingston		3:57.80	6:22.70	39:38.00
6	Carl Chauvin	M 24	KINGSTON		3:59.77	6:25.88	39:57.72
7	Suzanne Kerr	F 40	KINGSTON		4:03.59	6:32.03	40:35.97
8	Shane Gale	M 32	TRENTON		4:07.29	6:37.98	41:12.94
9	Joel Lefebvre	M 28	KINGSTON		4:09.25	6:41.13	41:32.53
10	Tim Andrew	M 54	APSLEY		4:11.86	6:45.33	41:58.62
11	Richard Prinsen	M 50	KINGSTON		4:22.06	7:01.75	43:40.62
12	Mack Beal	M 31	BATH		4:23.33	7:03.79	43:53.31
13	Charlie Roland	M 51	BRANTFORD		4:25.08	7:06.61	44:10.84
14	John Stocks	M 27	Toronto		4:25.47	7:07.24	44:14.75
15	Stephane Cova	M 39	GLOUCESTER		4:27.39	7:10.33	44:33.97
16	Matthew Cooke	M 27	KINGSTON		4:32.51	7:18.57	45:25.15
17	Sarah Turvey	F 24	Kingston		4:32.56	7:18.65	45:25.62
18	Aaron Siller	M 30	KINGSTON		4:36.05	7:24.26	46:00.50
19	Colleen Webber	F 30	Kingston		4:36.51	7:25.01	46:05.15
20	Alexandre Voinot	M 28	KINGSTON		4:42.80	7:35.13	47:08.06
21	Odile Liboiron-Ladouceur	M 38	Montreal-Ouest		4:44.12	7:37.25	47:21.25
22	Nickolaus Biasutti	M 25	KINGSTON		4:44.25	7:37.46	47:22.50
23	Kayla Oosten	F 24	GLENBURNIE		4:46.55	7:41.16	47:45.53
24	Louisa Ho	F 24	KINGSTON		4:46.72	7:41.44	47:47.25
25	Reo Roland	F 21	BRANTFORD		4:50.81	7:48.02	48:28.12
26	Bronwyn Posynick	F 20	KINGSTON		4:50.89	7:48.14	48:28.90
27	Andrea Hathaway	F 30	Kingston		4:54.89	7:54.59	49:08.94
28	Aaron Halcovitch	M 24	KINGSTON		4:56.78	7:57.62	49:27.81
29	Mason Curtis	M 27	KINGSTON		4:57.29	7:58.45	49:32.97
30	Shirley Myers	F 62	KINGSTON		4:58.09	7:59.74	49:40.97
31	Jay MacWilliam	M 43	KINGSTON		4:58.25	7:59.99	49:42.50
32	Oksana Dejneha	F 53	Kingston		5:00.80	8:04.09	50:08.00
33	Melody Knott	F 38	KINGSTON		5:00.88	8:04.22	50:08.81
34	Matthew Lefebvre	M 26	KINGSTON		5:02.81	8:07.33	50:28.12
35	Simon Van Schyndel	M 33	SIMCOE		5:04.65	8:10.30	50:46.56
36	Emily Stratford	F 18	LONDON		5:05.25	8:11.25	50:52.50
37	Kathleen Hart	F 56	OTTAWA		5:06.58	8:13.39	51:05.81
38	Joshua Hobson	M 23	KINGSTON		5:08.99	8:17.27	51:29.91
39	Monica Mullin	F 22	NORTH BAY		5:09.04	8:17.36	51:30.43
40	Steve Thomas	M 30	Kingston		5:12.45	8:22.85	52:04.59
41	Kevin Hare	M 31	MISSISSAUGA		5:16.20	8:28.87	52:42.00
42	Ted Sheppard	M 37	Kingston		5:16.74	8:29.75	52:47.47
43	Adam Jeziorski	M 37	KINGSTON		5:17.68	8:31.26	52:56.84
44	Ian Semple	M 36	KINGSTON		5:20.28	8:35.44	53:22.81
45	Amy Solc	F 29	BROCKVILLE		5:20.48	8:35.76	53:24.81

