

Wednesday, September 23, 2026

		Pts	
I	Resolution Run 8k	15	Top 6 Result
II	Twosome Run 5k	15	Result #7
IIIa	Limestone 5k	15	Result Excluded
IIIb	Limestone 10k	15	
IIIc	Limestone Half	20	
V	Napanee Heritage 5k	15	
VIa	Limestone Mile (Womens)	15	
VIb	Limestone Mile (Mens)	15	
VII	Wolfe Island Classic 5k	15	
VIII	Wooly Bully 10k	15	
VIIIb	Wooly Bully 5k	15	
IX	Glen Tay	15	
X	Fort Henry Cross Country 5k XC	15	
XI	Picton County Half Marathon	15	
XII	Anniversary Run 10k	20	

[illegible]