

Wednesday, September 23, 2026

		Pts
I	Resolution Run 8k	15
II	Twosome Run 5k	15
IIIa	Limestone 5k	15
IIIb	Limestone 10k	15
IIIc	Limestone Half	20
V	Napanee Heritage 5k	15
VIa	Limestone Mile (Womens)	15
VIb	Limestone Mile (Mens)	15
VII	Wolfe Island Classic 5k	15
VIII	Wooly Bully 10k	15
VIIIb	Wooly Bully 5k	15
IX	Glen Tay	15
X	Fort Henry Cross Country 5k XC	15
XI	Picton County Half Marathon	15
XII	Anniversary Run 10k	20

Top 6 Result
Result #7
Result Excluded

[illegible]