

2023 KRRA Resolution Run							
Position	Bib #	Name	Race Time	Pace	Division	Gender	Age
DIVISION: 8K							
1	361	Linden Head	28:40.07	3:35	8k	M	36
2	450	Caleb Huard	29:00.35	3:38	8k	M	34
3	389	Savvas Frantzeskos	29:10.29	3:39	8k	M	48
4	462	Kyle Harding	29:17.69	3:40	8k	M	35
5	374	Clay Patterson	29:53.80	3:44	8k	M	34
6	439	Alexander Wordley	30:00.34	3:45	8k	M	42
7	449	Workman Brent	30:24.15	3:48	8k	M	52
8	435	Elaina Raponi	30:30.32	3:49	8k	F	31
9	430	Robert Almas	30:51.39	3:51	8k	M	44
10	433	Cameron Bruce	31:40.95	3:58	8k	M	21
11	467	Stephan De Wit	31:44.16	3:58	8k	M	45
12	426	Tim Gillespie	32:27.64	4:03	8k	M	45
13	442	Tom Brackenbury	32:54.52	4:07	8k	M	52
14	367	Craig Faucette	33:06.46	4:08	8k	M	47
15	368	Cole Vezina	33:21.67	4:10	8k	M	26
16	427	Stephen Hughes	33:34.21	4:12	8k	M	55
17	413	Denise Dacosta	33:41.95	4:13	8k	F	39
18	425	Laurence Baril	33:43.93	4:13	8k	F	29
19	437	Jeff Nolan	33:52.23	4:14	8k	M	31
20	416	Robby Breadner	33:59.85	4:15	8k	M	56
21	378	Dalton Cote	34:19.40	4:17	8k	M	58
22	448	Heather Ostic	34:40.30	4:20	8k	F	54
23	472	James Brown	34:46.44	4:21	8k	M	49
24	460	Michael Kennedy	35:12.55	4:24	8k	M	42
25	456	Amin Jaber	35:13.22	4:24	8k	M	33
26	482	Pierre Bartkowiak	35:43.32	4:28	8k	M	35
27	499	Raye McAvoy	35:48.86	4:28	8k	F	31
28	476	Suzanne Kerr	35:55.64	4:29	8k	F	47
29	423	William Agnew	36:02.59	4:30	8k	M	33
30	382	Lucas Degelder	36:30.17	4:34	8k	M	28
31	391	Christian Ritchot	36:43.11	4:35	8k	M	63
32	479	Julie Bates	36:45.78	4:36	8k	F	27
33	445	Ellen White	36:59.38	4:37	8k	F	42
34	369	Ian Cholmondeley	37:07.56	4:38	8k	M	29
35	487	Wayne Rice	37:13.23	4:39	8k	M	60
36	384	Al Cantlay	37:21.16	4:40	8k	M	68
37	455	Rick Royce	37:36.28	4:42	8k	M	63
38	377	Charles Hawes	37:54.94	4:44	8k	M	47
39	458	Andrew Pennell	37:55.17	4:44	8k	M	13
40	483	Richard Ascough	38:04.42	4:46	8k	M	60
41	481	Kate Archibald-Cross	38:27.90	4:48	8k	F	49
42	495	Tiiu Vail	39:03.20	4:53	8k	F	41
43	452	Scott Allen	39:13.72	4:54	8k	M	34
44	359	Luis Paico-Aviles	39:14.16	4:54	8k	M	39
45	364	Gregory Millican	39:17.55	4:55	8k	M	38
46	444	Alexander Moszczynski	39:17.83	4:55	8k	M	33
47	436	Christen Cormier	39:18.72	4:55	8k	F	39
48	392	Samantha Britton	39:29.69	4:56	8k	F	32
49	387	Christopher Ford	39:51.72	4:59	8k	M	34
50	496	Melissa West	39:52.74	4:59	8k	F	33
51	465	Leslie Paterson	39:57.57	4:59	8k	F	38
52	463	Matt Dacosta	40:23.70	5:03	8k	M	39
53	469	Meghan Smith	41:07.43	5:08	8k	F	16
54	441	Rob Rowlatt	41:08.55	5:08	8k	M	53
55	457	Diane Pennell	41:21.02	5:10	8k	F	43
56	443	Jennifer Archibald	41:29.19	5:11	8k	F	32
57	363	Annie Riel	41:38.07	5:12	8k	F	48
58	480	Francoise Glibert	41:42.96	5:13	8k	F	62
59	500	Tammy Pigion	41:46.85	5:13	8k	F	49
60	447	Donna Ivimey	42:08.29	5:16	8k	F	58
61	494	Laura English	42:18.32	5:17	8k	F	38
62	360	Darryl Smith	42:23.26	5:18	8k	M	52
63	397	Guillaume Giroux	42:30.63	5:19	8k	M	40
64	390	Kevin MacKenzie	42:42.66	5:20	8k	M	34
65	372	Tyler Quirk	42:48.71	5:21	8k	M	27
66	434	Audethy Tallack	42:55.47	5:22	8k	F	62
67	440	Brad Ethier	43:05.70	5:23	8k	M	52
68	464	Pam Mundell	43:11.11	5:24	8k	F	57
69	385	Elizabeth Creighton	43:22.30	5:25	8k	F	15
70	421	Sonia Lopez	43:29.52	5:26	8k	F	50
71	366	Carlos Escobedo	43:32.20	5:26	8k	M	47
72	422	Ignacio Arroyo	43:47.54	5:28	8k	M	48
73	451	Aaron Delph	44:31.58	5:34	8k	M	28
74	438	Lynne Thomson	44:32.74	5:34	8k	F	39
75	493	Naomi Greer-Ballance	44:58.65	5:37	8k	F	54
76	380	Sheri Hogeboom	45:37.35	5:42	8k	F	60
77	415	Leana Farlam	46:13.08	5:47	8k	F	32
78	358	Christina Cantlay	46:52.43	5:52	8k	F	33
79	432	Courtney Foyers	46:55.10	5:52	8k	F	43
80	383	Abby Hall	46:59.88	5:52	8k	F	25
81	490	Alanna Murphy	47:06.64	5:53	8k	F	37
82	446	Lindsay Shaddock	47:15.02	5:54	8k	F	37
83	491	Shannon Bowes	47:15.16	5:54	8k	F	36
84	362	Aaron Hoekstra	47:16.00	5:54	8k	F	42
85	466	Paco Vera Badillo	47:49.31	5:59	8k	F	44
86	475	Mark Kerr	47:53.77	5:59	8k	M	42
87	477	Madeline Kerr	47:54.13	5:59	8k	F	13
88	419	Brenda Saaltink	48:15.57	6:02	8k	F	67
89	492	Brenda Melling	48:16.04	6:02	8k	F	66
90	371	Sarah Quirk	49:44.39	6:13	8k	F	27
91	370	Maggie Campbell	49:44.58	6:13	8k	F	31
92	453	Jason Willis	49:50.58	6:14	8k	M	43
93	400	Andrea Rochon	49:57.57	6:15	8k	F	38
94	399	Kyla Smith	50:00.39	6:15	8k	F	51
95	394	Steph Crosier	50:09.45	6:16	8k	F	32
96	420	Robyn Saaltink	50:11.62	6:16	8k	F	39
97	428	Lilith Wyatt	50:11.77	6:16	8k	F	37
98	381	Megan Leavitt	50:17.93	6:17	8k	F	35
99	498	Robin McAvoy	51:37.01	6:27	8k	F	57
100	431	Diana Wyatt	52:42.17	6:35	8k	F	63
101	459	Brenda Catherine	54:20.06	6:48	8k	F	52
102	429	Nicole McFarland	54:25.85	6:48	8k	F	61
103	485	Ed Brand	54:26.32	6:48	8k	M	74
104	398	Cindy Abeles	54:30.67	6:49	8k	F	65
105	386	Nancy Clue	54:30.88	6:49	8k	F	61
106	486	Susan Crocker	55:26.69	6:56	8k	F	48
107	388	Allen Groome	55:27.21	6:56	8k	M	73
108	468	Sarah Brenton	56:14.63	7:02	8k	F	43
109	470	Margie File	56:50.91	7:06	8k	F	69
110	454	Martine Thivierge-Bournival	58:20.72	7:18	8k	F	43
111	365	Stephanie Boyce	58:24.38	7:18	8k	F	33
112	376	Leisha Hawes	58:36.35	7:20	8k	F	44
113	375	Margaret Coughlin	59:07.00	7:23	8k	F	68
114	395	Anne-Marie Carter-McAuslan	59:41.89	7:28	8k	F	67
115	418	Stacey Berdan	1:01:04.74	7:38	8k	F	55
116	473	Andrea Huckabone	1:01:50.80	7:44	8k	F	36
117	474	Meaghan Quinn	1:02:11.25	7:46	8k	F	37
118	414	Brittney Armitage-Brown	1:02:52.45	7:52	8k	F	31
119	379	Dana Mika	1:02:53.01	7:52	8k	F	30
120	373	Moe Gill	1:04:08.90	8:01	8k	M	58
121	412	Missie Harding	1:06:24.24	8:18	8k	F	31
122	478	Jennifer Walsh	1:07:23.55	8:25	8k	F	46
123	471	Andy Glazin	1:07:23.79	8:25	8k	M	54
124	489	Wendy McCoy	1:07:36.07	8:27	8k	F	56
125	488	Jessica Jacklin	1:07:38.90	8:27	8k	F	29