2026 KRRA - Twosome 5K

Team Results M/F

Bib	Name	Time	AG	
100-109				
1. Born To RUN 1		*00:46:54,1*		*Combined Age = 109*
1842	Trefry, Owen	19:36,4	46	
2034	Hogeboom, Sheri	27:17,7	63	
2. Old Enough to Know Better 1		*00:48:42,3*		*Combined Age = 104*
1611	Kawam, Mike	22:59,0	58	
1582	Primeau, Kate	25:43,3	46	
3. Slow Enough to Know Better 1		*00:50:11,5*		*Combined Age = 101*
2151	Rudy, Lesley	24:42,8	45	
2205	Watering, Robert	25:28,7	56	
4. 28 And Counting 1		*00:58:36,9*		*Combined Age = 100*
2147	Duphney, Matt	27:44,5	49	
2143	Noble, Kendra	30:52,4	51	
5. WooWooHeyHey 1		*01:08:13,9*		*Combined Age = 103*
1891	McNamee, Milana	28:21,7	35	
1914	Ambrose, Patricia	39:52,2	68	
110-200				
1. Sweatin' Sweeties 1		*00:39:29,9*		*Combined Age = 112*
2196	Workman, Brent	18:50,8	55	
2195	Ostic, Heather	20:39,1	57	
2. SUGARIAS 1		*00:48:13,2*		*Combined Age = 113*
1904	Ascough, Richard	23:38,9	63	
2158	Garrett, Suzanne	24:34,3	50	
3. Newfies 1		*00:52:24,6*		*Combined Age = 113*
1559	Gale, Shane	24:14,9	43	
1614	Foran-Goneau, Janet	28:09,7	70	
4. Ruminators 1		*00:53:38,9*		*Combined Age = 120*
2009	Faulds, Bruce	24:45,7	57	
2077	Kent, Diane	28:53,2	63	
5. Margaret & Shelley 1		*00:57:32,9*		*Combined Age = 118*
2167	Steenwyk, Shelley	26:41,8	59	
2166	Story, Margaret	30:51,1	59	
6. Frozen 1		*00:57:56,4*		*Combined Age = 123*
2199	Douglas, Chuck	25:35,7	60	
2204	Greek, Andrea	32:20,7	63	
7. Sole Mates 1		*01:07:02,8*		*Combined Age = 130*
2101	Leriche, Robin	30:42,6	58	
2127	Meyers, Susan	36:20,2	72	

2026 KRRA - Twosome 5K

Team Results M/F

Bib	Name	Time	AG	
8. J&J Run Show 1		*01:07:20,1*		*Combined Age = 112*
2183	Hess, Julia	32:32,8	56	
2177	Bandy, Jennifer	34:47,3	56	
9. Monkey Ram 1		*01:07:27,8*		*Combined Age = 115*
1682	Queenan, John	29:40,6	58	
1690	Richardson, Harriet	37:47,2	57	
10. T 1		*01:14:55,6*		*Combined Age = 134*
2191	Kitchen, Heather	37:27,3	63	
2194	Cantlay, Al	37:28,3	71	

20-29

1. Team Lumsden 1		*00:46:16,6*		*Combined Age = 24*
1504	Lumsden, Marissa	22:43,0	13	
1477	Lumsden, Ryan	23:33,6	11	
2. The Tweed Turtles 1		*00:51:51,8*		*Combined Age = 24*
1903	Langevin, Zoey	25:55,9	12	
2090	Thompson, Jorja	25:55,9	12	
3. M&Ms 1		*00:57:13,7*		*Combined Age = 28*
1821	Crellian, Dylan	22:36,7	11	
1950	Loader, Kyara	34:37,0	17	

30-39

1. TEAM MCGUIRE 1		*00:40:01,4*		*Combined Age = 39*
1641	McGuire, Tristan	19:34,5	16	
1631	McGuire, Gabriel	20:26,9	23	
2. Gan Girls 1		*00:46:38,9*		*Combined Age = 34*
2193	Bowman, Brynn	21:01,7	18	
2192	Bickerton, Skylar	25:37,2	16	

40-49

1. Positive Split Pros 1		*00:44:00,3*		*Combined Age = 50*
1696	Smith, Sabrina	20:54,1	21	
1700	Zhang, Alisa	23:06,2	29	

50-59

1. The running jokes 1		*00:39:16,8*		*Combined Age = 58*
1721	Nelson, Reid	18:55,9	29	
1706	Walkowski, Jana	20:20,9	29	
2. Team CHUME 1		*00:46:09,7*		*Combined Age = 59*
1666	Hume, Colin	22:13,9	46	
1681	Hume, Charlotte	23:55,8	13	

2026 KRRA - Twosome 5K

Team Results M/F

Bib	Name	Time	AG	
3. PG12 1		*00:48:17,4*		*Combined Age = 54*
2207	Gallupe, Max	23:23,6	12	
2206	Gallupe, Paul	24:53,8	42	
4. Siblings in Stride 1		*00:50:17,4*		*Combined Age = 58*
2135	Wight, Timothy	21:58,0	28	
2142	Smallegange, Deanna	28:19,4	30	
5. Second Breakfast Was a Mistake 1		*00:50:39,5*		*Combined Age = 55*
1535	Hogeboom-Burr, Ian	23:32,7	27	
1547	Congreves, Mikaela	27:06,8	28	
6. Runner? I hardly know her. 1		*00:54:52,4*		*Combined Age = 54*
1304	Manga, Max	22:52,6	27	
1306	McDonell, Julia	31:59,8	27	
7. McEvans 1		*00:55:12,0*		*Combined Age = 57*
2155	Evans, Robin	23:19,4	29	
2154	McDougall, Autumn	31:52,6	28	
8. Deli 1		*01:08:36,2*		*Combined Age = 53*
2038	Le Baud Roy, Dominique	34:18,0	27	
1993	Hanna, Elianna	34:18,2	26	

60-69

1. Crazy Train 1		*00:39:47,3*		*Combined Age = 69*
1856	Shaw, Christopher	18:25,7	35	
1934	McAvoy, Raye	21:21,6	34	
2. In Flight 1		*00:40:42,4*		*Combined Age = 68*
2186	Hawkes, Graham	18:16,6	50	
2187	Hawkes, Kennadie	22:25,8	18	
3. Twin Racers 1		*00:46:19,3*		*Combined Age = 64*
1651	Hawley, Faith	23:07,8	14	
1652	Barlow, Jacquie	23:11,5	50	
4. Bladeless Wonders 1		*00:47:35,6*		*Combined Age = 69*
2184	Wismer, Sarah	21:51,7	29	
2178	Young, Ben	25:43,9	40	
5. Team Oost 1		*00:48:57,7*		*Combined Age = 67*
2157	Oosterman, Jordan	21:54,3	35	
2156	Oosterman, Katie	27:03,4	32	
6. Second Breakfast Club 1		*00:54:29,4*		*Combined Age = 67*
2172	Sheridan, Katie	22:22,3	33	
2171	Sly, Rebecca	32:07,1	34	

2026 KRRA - Twosome 5K

Team Results M/F

Bib	Name	Time	AG	
7. COBE Training Grounds 1		*01:01:41,9*		*Combined Age = 62*
1740	Clark, Bennett	30:12,4	15	
1747	Clark, Jackie	31:29,5	47	

70-79

1. The Wolves of Jog Street 1		*00:42:29,6*		*Combined Age = 74*
2200	Huard, Caleb	19:55,0	38	
2209	Britton, Samantha	22:34,6	36	
2. Stone Worx Masonry 1		*00:46:09,9*		*Combined Age = 79*
1400	Pierrard, Joe	21:49,1	46	
2032	Rankin, Lee	24:20,8	33	
3. Gael & Hawk 1		*01:15:35,8*		*Combined Age = 78*
2048	Johnston, Ryan	37:47,8	24	
2057	Yap, Weiling	37:48,0	54	

80-89

1. The Tall & the Small 1		*00:47:09,7*		*Combined Age = 86*
2176	DeWolfe, Chris	23:34,8	43	
2175	DeWolfe, Jacquie	23:34,9	43	
2. Greenwood Goblins (5511) 1		*00:50:01,0*		*Combined Age = 88*
2202	Shelton, Ian	20:32,2	45	
2203	Stechyson, Natalie	29:28,8	43	
3. Don't call us Slo 1		*00:53:07,9*		*Combined Age = 81*
1464	Slobodian, Shauna	24:28,8	41	
1415	Slobodian, Dave	28:39,1	40	
4. Lewertson 1		*00:56:34,6*		*Combined Age = 83*
1656	Lewis, Ian	23:28,8	42	
1655	Robertson, Catriona	33:05,8	41	
5. Bees Louise 1		*01:04:59,9*		*Combined Age = 83*
1830	Baptiste, Kandice	32:29,8	37	
1839	Almajil, Sultan	32:30,1	46	
6. Hotel Hustlers 1		*01:07:48,8*		*Combined Age = 83*
2018	Howes, Megan	33:54,3	36	
1996	Hope, Brian	33:54,5	47	

90-99

1. From here to there. 1		*00:46:34,6*		*Combined Age = 99*
2188	Almas, Robert	19:23,5	47	
2170	Pigion, Tammy	27:11,1	52	

2026 KRRA - Twosome 5K

Team Results M/F

Bib	Name	Time	AG	
2. Romancing the Stone 1		*00:54:25,9*		*Combined Age = 98*
2161	Gibbs, Kevin	24:47,3	51	
2162	Maher, Lisa	29:38,6	47	
3. FRIGID FRIENDS 1		*00:55:08,3*		*Combined Age = 92*
1653	Hager, Jason	26:02,7	49	
1654	Weese, Andrea	29:05,6	43	
4. Blizzard buddies 1		*00:55:36,6*		*Combined Age = 93*
2148	Meers, Tom	25:00,3	54	
1824	Huckabone, Andrea	30:36,3	39	
5. Reach 1		*01:00:48,3*		*Combined Age = 90*
2169	Gauthier, Courtney	28:35,4	31	
2168	Whalen, Becky	32:12,9	59	